# **Skin Enhancer**



Before using this tool, please read this manual carefully

#### **Skin Enhancer Modalities:**

The Skin Enhancer is a cleansing and rejuvenating facial device. It includes modes for deep cleanse, product penetration, facial contouring and calming. It integrates nanocurrent (EMS), heat, biomechanical vibration, LED in red, blue, and red and yellow combo plus cold for locking in product, closing the pores, and calming the skin.

# 1. Ultrasonic Cleansing

Ultrasonic vibrations exfoliate the superficial scaly layers of the skin, reviving the skin tissue. When water is exposed to ultrasound vibrations, the ultrasonic emission has a spectacular effect on the water molecules, which become pulverized. This is called micronization.

# 2. EMS (electrical muscle stimulation/nanocurrent)

EMS or nanocurrent aids in reducing the signs of aging by utilizing a low level of electricity known as microcurrent. These tiny microcurrent impulses trigger chemical reactions at a cellular level to enhance the production of natural collagen and elastin, provide circulatory benefits and work directly on the nerves and muscle fibers. The result is visible firming and smoothing of the skin. Although nanocurrent is lighter than microcurrent it still is effective in restoring those messages from the brain to tell the skin to rejuvenate. It stimulates the muscles and drains lymph to achieve the effect of lifting and toning. It helps tone facial muscles by replicating our own biological currents. <u>Turn intensity level of EMS up and down with a quick push on the on/off button.</u>

#### 3. Biomechanical Vibrations

Sends gentle vibrations (6000-7000 times per minute) that stimulate/exercise muscles through contraction and relaxation. The effects are particularly beneficial for speeding up metabolism by improving the supply of nutrients and oxygen to the tissue for smooth healthy skin. This is the mode that I feel that really induces the toning! This sonic massage increases penetration and absorption of products. Turn intensity level of vibration up and down using the "intensity" button.

#### 4. Heat

Warm massage promotes absorption of products creating a smoother texture to the skin. 42°C

#### 5. Red light

640nm-650nm red light stimulates fiber cells, improves blood circulation, promotes proliferation of collagen and elastin, it reduces fine lines and wrinkles and lessens pigmentation. It restores the youthful vitality of the skin.

# 6. Blue light

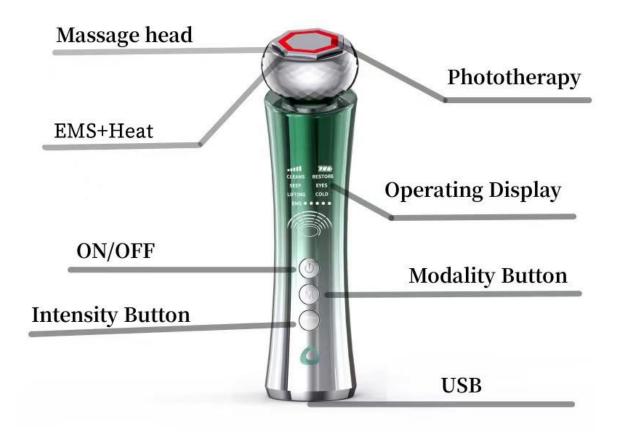
460nm-470nm blue light Kills surface bacteria, anti-inflammatory and calms skin.

# 7. Orange light (combo red and yellow)

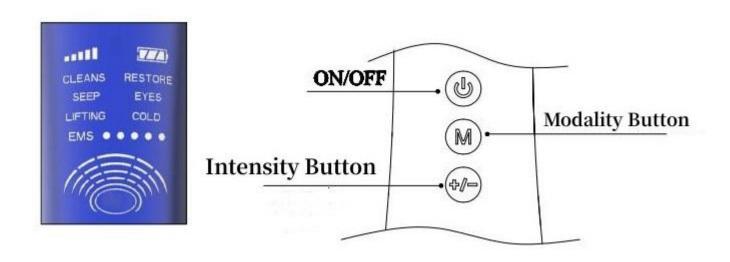
597nm-622nm Orange LED light has been shown to be effective in promoting blood circulation, speeding up metabolism, replenishing cellular energy and strengthening muscles for toning.

# 8. Cooling

The cooling mode closes and tightens pores locking in moisture and nutrients. It is also a great anti-inflammatory when skin is irritated. The cool comes from the inner silver plate. Please be sure to wipe the sensors on the head of the unit after using other modes before turning on cooling. Any product left on the sensors will inhibit the unit from getting cold.



# Display icons and key functions:



# \*Important Please Read\*

- \*When the unit is turned off, press, and hold the power button for 2 seconds to turn the unit on. The unit will begin in the ultrasonic cleansing, EMS, and vibration mode.
- \*When the unit is already on, a short press to the mode button will switch to the next mode.
- \*When the unit is on, a short press on the + and keys will adjust the intensity. It goes up to level 5 When you press a 6<sup>th</sup> time it will go back to level one.
- \*All modes include vibration to stimulate muscles. This is a good thing!! You can change the level of vibration with the "intensity" button. EMS will also show up in all modes. You can shut off EMS or change the power level of the EMS to any mode by quickly pressing the on/off button. There are 5 levels of EMS. The sixth press will turn EMS off. A 7<sup>th</sup> press will turn it back on to level one.
- \*There needs to be product on the face for all modes except cold.
- \*When using this unit please be sure to place the head flat on the skin so the full surface area is touching. There are sensors in the head and if the full surface area is not on the skin, the sensors cannot do their job!

# **Explanation of Skin Enhancer Modes:**

**Ultrasonic Cleansing:** You can use ultrasonic cleansing mode with or without a cotton pad.

- 1. Put a damp cotton pad on head of unit as shown below. Apply cleanser to face. Using circular movements around the face for 2 to 3 minutes, this mode can effectively clean the dirt from the pores making the skin translucent. Frequency of use: 2-3 times a week. Reduce to once a week for sensitive skin.
- 2. Apply cleanser to face and use unit *without* cotton pad over the cleanser. Using circular movements around the face for 2 to 3 minutes.



Remove the plastic ring on the Skin Enhancer head.



Place a cotton pad on the head and place plastic ring on top. If plastic ring is difficult to place over on head, use a thinner cotton pad or gauze.

**Seep:** Apply toner to cotton round and place on head of unit. Use around the face for 1 to 2 minutes. This allows for a deeper cleanse making sure that all makeup has been removed. This mode includes EMS, biomechanical vibration and red LED for rejuvenation.

Lift: This mode includes EMS, vibration, and heat. Press the "intensity" button for more heat.

**Restore:** This mode includes EMS, vibration, and LED. The is your nourishing mode for driving product deeper into the skin. Great for dehydrated skin or if there is an ingredient you are wanting to drive deeper into the skin (example: for pigmentation). You can use this with red, blue or orange LED. Just press the mode button to change LED color.

**Eye:** Gentle pulses stimulate sensitive eye area. Use a light pressing technique around the eye. Hold and press for two seconds, lift, and move to next area. Repeat.

**Cold:** This mode includes blue light for calming.

#### **Skin Test Before Using**

Please do a test before using the skin enhancer for the first time. You may do this in the cleansing mode which comes on first when the unit is turned on. Turn the intensity level up to level 3. Apply a cleanser to the inside of your forearm. Use the unit on top of the cleanser for 2 to 3 minutes. Rinse cleanser off your arm. If you see any redness, please test again on other arm at a lower intensity level.

**Note:** please be sure to test in advance. If there are abnormal conditions such as rash, itching, irritation, etc. on the test site, please stop the test immediately and discontinue use of this unit.

**Note:** Start all modes on the lowest intensity level. Once you determine you can handle that level you may then move to the next level of intensity.

NOTE: Do not use the unit immediately after a strong acid peel or hair removal.

#### **Contraindications**

Pregnancy

breastfeeding

Pacemaker

Metal implants in face, dental implants

Open wounds

Recent plastic surgery or eye surgery (get Physician approval)

**Atopic Dermatitis** 

Sensitive skin

Long-term use of steroids

Malignant tumors

Abnormal blood pressure

Currently receiving care for cancer (get Physician approval)

#### **Cleaning After Use**

Clean unit with damp soapy cloth. Wipe with a dry cloth.

Do not immerse unit in water.

Do not use in shower.

Carefully wipe removable plastic ring with damp soapy cloth.

Do not use corrosive solutions such as alcohol to clean your skin enhancer.

# **Charging**

Do not use power cord other than the one supplied with the skin enhancer as this may cause a malfunction. Be sure to charge the unit before using it. Please use plug supplied in your package. The charging indicator will blink while the unit is charging. When the unit is completely charged (approximately 2 hours) the blinking will stop.

There is a power indicator in the top left corner when the unit is turned on. This will indicate how much power is left in the unit. Please do not leave the unit continually plugged in when not in use. This can shorten the life of the unit. When not in use for long periods of time, please charge the unit every 3 month. This will increase the longevity of the unit.

# **Product Specs:**

1. Product Name Skin Enhancer

2. Product size: 189\*40\*603. Product net weight: 250g

4. Rated input: AC100V-240V,50/60Hz.5. Output voltage/current: DC5V1.0A

6. Rated power: 3.5W

7. Rated voltage/rated capacity: 3.7V/1200mAH

8. Charging time: approximately 2 hours.

9. Intensity Levels: 5

10. EMS/Microcurrent power is 5mW, current is 0.3mA

11. Ultrasound frequency is 600KHZ

12. Vibration frequency is 5000rpm

#### **30 Minute Treatment**

Apply QUI exfoliating cleanser and massages into skin. If you have an ultrasonic spatula, remove cleanser with spatula. If you have the MBK GLO cleansing brush, you can use it over the top of the cleanser. Rinse well.

Apply QUL Enzyme Peel. While the enzyme is on, prepare your QUL cocktail of Daily Moisturizer and OxyPro Serum. This combination of products conducts really well!

Rinse off enzyme. If client is still feeling some tingly, spray some rose water on a cotton round and wipe around the client's face. This will calm any tingling.

Apply your QUL cocktail to half of the face. Use your Skin Enhancer on that side of the face for 5 to 10 minutes (each program runs for 5 minutes before turning off). Put unit down, apply QUL cocktail to the other side of the face and repeat.

My favorite combination is doing 5 minutes of Lifting and 5 minutes of Restore on each side of the face. This is the combination I used to achieve the great results in the before/after pictures on my website.

The movements with this unit will be upwards and outwards. Slower movements create better results. I like to start at the bottom of the neck moving up. Work each area well before moving on to the next area. In other words, work the neck for at least a minute before moving up to the jawline, then move to the lower/mid face and lastly around the eyes and forehead.

When finished with the Skin Enhancer, apply a couple of drops of QUL GLO Serum and then QUL sunscreen if it is daytime. The End!

#### MISC.

EMS is included in every program. You can raise the intensity level and even turn it off completely by quickly pushing the on/off button. I recommend starting on level 2 or 3. If the client is not feeling anything, you may then increase the level. You do not want to start too high, and the client jumps off your treatment table with discomfort.

Vibration is included in every program. You can raise the vibration intensity level by pressing the "intensity" button. I like it all the way up!

# **Other Ideas**

You can include the Skin Enhancer with your full facial treatment. I prefer to use it closer to the end of the treatment. I like to use an LED panel after the Skin Enhancer. I feel like LED is the icing on the cake.

You may decide to only use the cleansing mode in a treatment.

Don't forget the cooling mode after extractions, waxing and for calming redness.